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## **Clemency Knox, MAc, LAc**

Licensed Acupuncturist, Chinese Herbal Medicine

Clem is cofounder of Full Circle Healing Arts and holds a Master of Acupuncture degree from the Traditional Acupuncture Institute in Columbia, Maryland, where she also completed the NCCA program in Chinese herbal medicine. Clem was an assistant faculty at the Institute and a guest lecturer at the Maryland Institute of Traditional Chinese Medicine. She helped open and was a supervisor at the Community Health Initiative (CHI), a Baltimore community-based acupuncture detox and wellness program founded by the school in conjunction with Johns Hopkins. She is a NADA (National Association of Detox Acupuncture) practitioner and supervisor. She has also served on the board of the Maryland Acupuncture Society.

Clem has always held an interest in natural health and is a life-long student of yoga, tai chi, and qi gong. Throughout her thirty years of acupuncture practice, she has cultivated her intuition and sensitivity, which she combines with professional knowledge and skills to affect the greatest outcome of healing. She firmly believes there is no condition that Chinese medicine cannot address and is continually amazed and humbled by the scope of its reach. She is a compassionate listener and encourages her patients to embrace a healthy lifestyle including proper nutrition, positive thoughts, loving relationships, affirming work, and gentle exercise. In addition to her regular practice, Clem specializes in Facial Rejuvenation Acupuncture and is a student of Matrix Energetics.

Clem shares her life and work with her husband and cofounder of Full Circle, Peter Marinakis, their two daughters, and an assortment of animals.